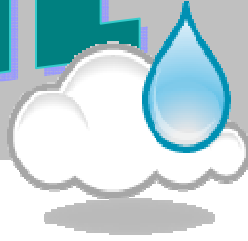


# APRIL



# 2011

Lo Se Ca  
FOUNDATION

# Happy Easter



# THANK YOU PAT & KEITH HAMILTON



#### In this Issue:

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-perfect wellness

Thank you to Pat and Keith Hamilton for  
your many years of service as Lo-Se-Ca  
Volunteers.

We appreciate your hard work and  
dedication. You will be missed.



The  
Lo-Se-Ca  
Foundation  
Office,  
Discoveries  
Program  
And  
Thrift Store  
will be  
closed on  
Friday,  
April 22<sup>nd</sup> &  
Monday  
April 25<sup>th</sup>  
for the  
Easter  
Holiday



# 2011 Hawaiian BOWL-A-THON FUNDRAISER

STAFF: for every \$100.00  
collected, your name  
will be entered into a draw  
to receive  
1 day off with pay!

Wednesday May 11<sup>th</sup> 2011

Call 780-460-1400  
ext 221

TO REGISTER a TEAM  
OF 4-6 BOWLERS



"Spring is when you feel like  
whistling even with a  
shoe full of slush."



# Staff Training

**Food Safety**  
**Thurs May 5<sup>th</sup> p – 7p**

**NCI**

**Tues May 10<sup>th</sup> 9a – 5p**

**Abuse Protocol**  
**Wed May 18<sup>th</sup> 5p – 8p**

## April 22<sup>nd</sup> is Earth Day

If everyone in the world took one moment to stop and pick up a single piece of litter.....imagine the impact.



## *Merci*

Thank you to all staff that filled out their Satisfaction Surveys.  
Your feedback is important to us.  
Date for information session regarding results to be posted soon.  
Thank you

### MARCH & APRIL CHRONCLE

By Jonathan Hamilton

On March 13<sup>th</sup>, I had my Birthday Party @ my Mom & Dad's House where my Brother & Sister attended that weekend.

On March 18<sup>th</sup>, I my Birthday party @ Denny House where I met NEW People who joined LoSeCa.

On March 22<sup>nd</sup>, I have a Dinner & Movie Planned for the People going to New York in July.

On March 23<sup>rd</sup>, I have a Course @ LoSeCa Office for Abuse

On March 21<sup>st</sup>, I went to Servus Place for my Fitness Night as the next one is LoSeCa Kitchen Next Monday.

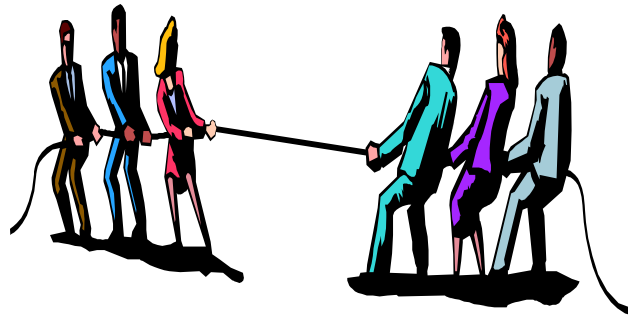
On March 5<sup>th</sup>, My Girlfriend Cheri & I went on our 1<sup>st</sup>, Date as we had Lunch @ Tim Horton's together.

On April 24<sup>th</sup>, it will be Easter Sunday as Easter is Late this year.

On April 8<sup>th</sup>, it will be my Dad's Birthday as it falls on a Friday this year.

On April 6<sup>th</sup>, I have a Doctor's Appointment as I will have to Leave LoSeCa Early that day.

On April 3<sup>rd</sup>, will be the next Faith & Light as this month I got blessed @ this months Mass @ 11AM.



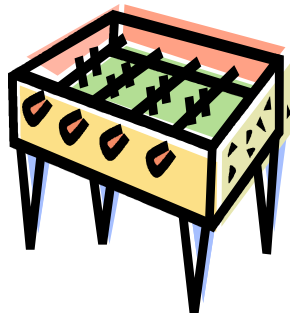
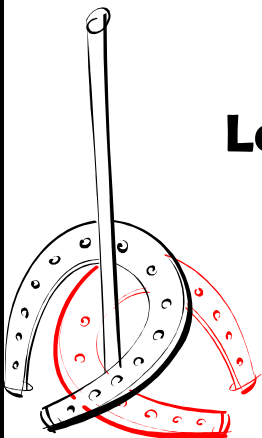
**IT'S OFFICIAL  
WE'RE IN THE GAMES AGAIN!!!!**

**Thank you to all who registered for  
Corporate Challenge!**

**It was a close one, but thanks to our  
amazing staff, Lo-Se-Ca will once again  
be able to participate in Corporate  
Challenge.**

**The Calendar is out. (tentative dates)  
Keep watch for more information to  
come.**

**Let's Have Some Fun!**



April cold  
with  
dropping  
rain  
Willows and  
lilacs brings  
again,  
the whistle  
of returning  
birds  
and trumpet  
lowing of  
the herds."

-Ralph  
Waldo  
Emerson



## Staff Appreciation Event

Thursday, May 19<sup>th</sup>

Red Willow Church

15 Corriveau Avenue, St. Albert

7:00pm

Refreshments, Snacks, Presentations

RSVP to the office at 780-460-1400 by April 29<sup>th</sup> 2011

### **Lo-Se-Ca Foundation**

215-1 Carnegie Drive  
St. Albert, Alberta  
T8N 5B1

PHONE:  
(780) 460-1400

FAX:  
(780) 459-1380

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We're on the Web!

See us at:  
[www.loseca.ca](http://www.loseca.ca)

## **Congratulations to the following for Perfect Wellness!**

**Felix Nimbeshaho**

**Freda Sung**

**Recipients receive a \$100.00  
Grocery card**

